



Freezin' For A Reason

Vance County  
**Special  
Olympics**  
North Carolina



**SAT. FEB. 3rd  
2018**

**SATTERWHITE POINT GLASSHOUSE**

**(Inclement Weather Date: 2/10/18)**

**What is the Polar Plunge?**

The Polar Plunge is for courageous people who jump in Kerr Lake in February to support Special Olympics Vance County.

**What is Special Olympics Vance County?**

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community. Vance County currently offers 3 sports in which athletes are not charged a fee to participate.

**Pledges:**

All donations earned from the Polar Plunge will go to support our local athletes. Individuals are required to collect a minimum of \$30 to participate.

**Prizes:**

Prizes will be given for best costume (individual and team); most money raised (individual and team); and largest team. Every participant will receive a t-shirt.

**Registration:**

Please complete a registration form and return with donations by January 5th, 2018. There is a limit of 250 participants.

**Schedule:**

**9:30—10 AM**

**CHECK-IN**

**10-10:30 AM**

**PRIZE GIVEAWAY**

**10:30 AM**

**JUMP!**

Please call 252-431-6091 or [vance@sonc.net](mailto:vance@sonc.net) for more information

<http://ci.henderson.nc.us/departments/recreation-and-parks/>

## **Polar Plunge Tips:**

**Bring a jacket/sweatshirt/warm clothes to wear before the jump.**

**Wear loose fitting clothing that will be easy to quickly remove once wet.**

**Bring a change of clothes for after the jump.**

**Wear a costume!**

**Jump as a team and get your friends involved.**

**Tennis shoes or water shoes are required.**

**Bring towels to dry off.**

**No wet suits/dry suits.**

**Alcohol prohibited.**

## **Directions and Parking info:**

**Kerr Lake State Recreation Area is located in Vance and Warren counties, north of Henderson. It can be reached via US 1, NC 39 or I-85. On I-85, the exits for the individual recreation areas are marked.**

**To Satterwhite Point and park office: From I-85, take exit 217 and travel north on Satterwhite Point Road approximately six miles.**

**Continue until you get to a community building on the left, which is the glasshouse, and park in the lot in front of the building.**