



# SLIDE-N-GLIDE EXERCISE FITNESS

HENDERSON-VANCE RECREATION AND PARKS DEPARTMENT

Where: Aycock Recreation Center  
Multi-Purpose Room

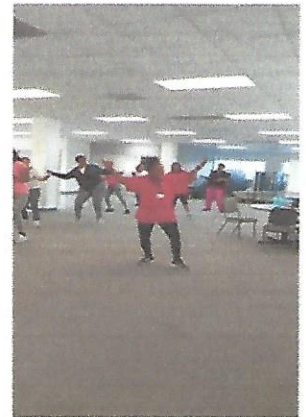
When: Wednesdays  
February 6, 2019 - March 27, 2019


Time: 6:00pm-6:45pm

Fee: \$1.00 Members  
\$2.00 Non-Members

Instructor: Barbara Evans

For More information, please contact Lauren Newlin  
at (252) 438-3160 or [lnewlin@ci.henderson.nc.us](mailto:lnewlin@ci.henderson.nc.us)



 Find Us on Facebook:  
Henderson Vance

<http://ci.henderson.nc.us/departments/recreation-and-parks/>

The mission of the Henderson-Vance Recreation & Parks Department is to provide safe facilities, quality services, programs that are affordable, open and friendly, to enrich the overall quality of life for all residents.

# COME OUT AND JOIN US